



Kauai Hawaii: Rainforest Island



LEARN SERVE INSPIRE

6 DAYS

HAWAII: ISLANDS OF FIRE



INCLUDED IN PROGRAM FEE:

- Full Time Tour Guide
- Accommodations
- Flights and Transportation
- All Taxes
- Fees For All Activities Not Listed As Optional
- Meals
- T-shirts
- 1 Free Chaperone For Every 8 Paid Students
- Does not include gear rental

*Order itinerary occurs in may vary.

Lush, rural Kauai is the Pacific Ocean's magnificent rainforest gem. On Hawaii's oldest major island, nature's fingers have had time to dig deep – carving the unbelievable fluted cliffs of the Na Pali Coast and the tremendous ragged gash of Waimea Canyon. This diverse habitat is home to a variety of endemic species from the Hawaiian monk seal to a variety of birds. On this trip students will analyze and compare isolated coral reef and rainforest habitats with an emphasis on symbiosis.

Day 1 • Arrive in Honolulu

Your Appleseed Expeditions guide will meet you upon arrival in Kauai. After an orientation, you will be able to familiarize yourself with Hawaiian life and tour the coast. In the afternoon the group will visit the Rainforest conservation project.

Day 2 • Waimea Canyon and Community Service

Waimea Canyon was formed when Kauai's original shield volcano, Wai'ale'ale, slumped along an ancient fault line, creating a sharp east-facing line of cliffs. This canyon has some the most unique bird species found anywhere in the world. After some exploring the group will go to a waterfall in the canyon and discuss geologic land mass formation and its impact on new species. In the afternoon you will serve at a children's after school mentoring project.

Day 3 • Catamaran ride to Na Pali Coast

Historians believe this rugged yet beautiful coastline was the first area of Kauai to be settled by the ancient Hawaiians. You will take a catamaran trip along this rugged coast and experience humpback

whales, dolphins, and a variety of other wild-life.

Day 4 • Wailua Falls and Rainforest River Kayak Tour

After breakfast, the group will hike to the waterfall filmed in the show “Fantasy Island”. You will then kayak through pristine rainforest along an enchanted river. After kayaking the group will hike along a rainforest trail and discuss endemic species and rainforest symbionts. In the evening you will partake in a local luau.



Day 5 • Volunteering at the Limahuli Garden Preserve

Limahuli Garden and Preserve is set in a verdant tropical valley on the north shore of the Hawaiian Island of Kauai. The Garden is

“Life’s most persistent and urgent question is: What are you doing for others?” **Dr. Martin Luther King Jr.**

back dropped by the majestic Makana Mountain and overlooks the Pacific Ocean. Many plants that were significant to the early inhabitants, as well as other native species, make up the Garden’s collections. Appleseed groups will help with removal of intrusive species and other conservation efforts.

Day 6 • Surfing and Snorkeling

The group will then head to the north shore of Kauai and enjoy surfing lessons followed by a marine biology snorkeling program with an emphasis on coral ecology. We will then pack up for a late flight home.

Additional Days Available

You may want to do an add-on by going to Hawaii’s Big Island.





“Seeding a Revolution of Change Through Service”



www.appleseedexpeditions.com

For more information contact us:
info@appleseedexpeditions.com
877-889-7150